


APRIL 2024



Hillside Terrace

SENIOR LIVING

For those that know me; you know this time of year I return to Washington DC to meet with Congress for my Alzheimer's & Dementia Advocacy Forum. I join more than 1200 Advocates across every state of America to represent in solidarity our continual fight for Dementia funding for research to find a treatment, a prevention and ultimately a cure of this disease! This is very personal to me! I fight and advocate for each and every one of you! My fierceness is fueled by losing my own Papa Vic way back in 1989, my Daddy back in 2010 at his young age of only 67!!! And for my bonus Mom & now for my Mama, in my hopes that her mind is never robbed from her. So watch on your local evening news and CSPAN for us Alzheimer Advocates coloring DC purple on Sunday/Monday/Tues. April 7/8/9th . This year's Alzheimer's Advocacy Forum National Dinner will be honoring Senator Debbie Stabenow as this year's Congresswoman "Alzheimer's Champion" for all her years of work in Congress to pass the 1st "National Alzheimer's Project Act" in 2016 & worked diligently to get once again passed into law the reauthorization of NAPA 2023. The National Alzheimer's Project Act (NAPA) creates an important opportunity to build upon and leverage HHS programs and other federal efforts to help change the trajectory of Alzheimer's disease and related dementias.

END ALZ

Nanya and Vic Litz
Chief Operating Owners



Happy Birthday Residents!

Tim Janssen 4/7

Patricia Hammond 4/14

Jacquelyn McConachie 4/17

Elva Nicholson 4/30

Happy Birthday Team Members!

Romana Zupanic 4/5

Kayla Schubert 4/8

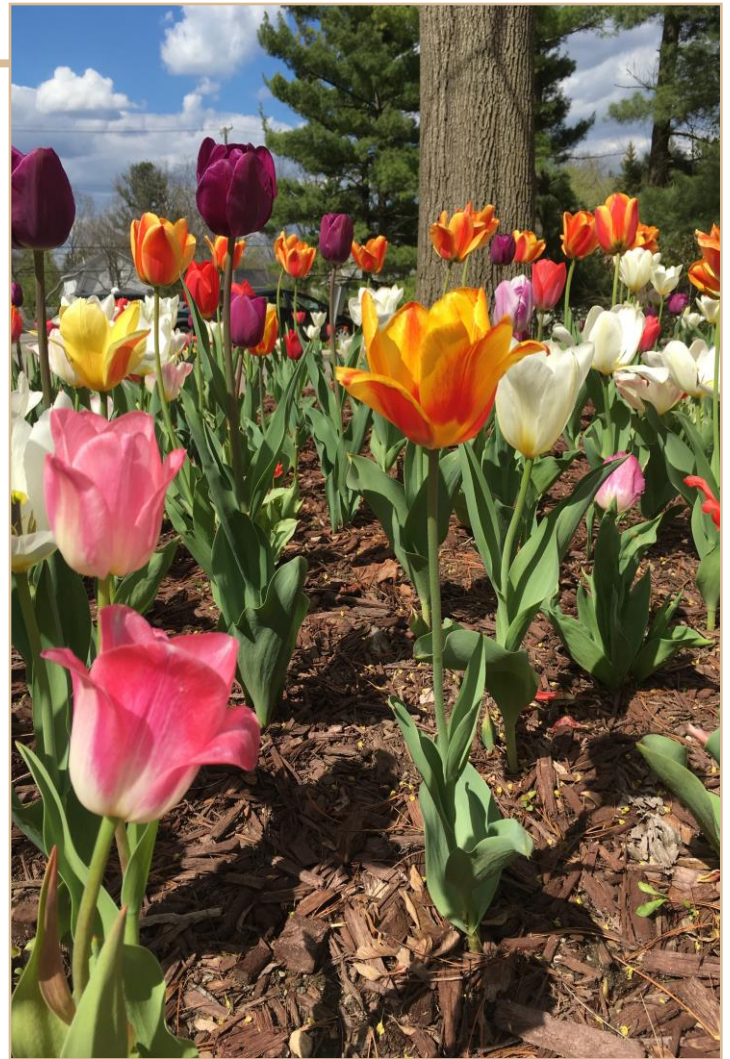
Rachel Debling 4/11



SUNDAY	MONDAY	TUESDAY
	1 9:30 Exercise 10:00 Cards 10:30 Kroger 2:00 Bingo 3:30 Manicures	2 9:30 Exercise 10:30 Arts & Crafts 1:00 Piano with Elodie 1:30 Verna's Exercise 3:00 Movie & Popcorn
7 2:00 Movie & Popcorn	8 9:30 Exercise 10:00 Cards 10:30 Kroger 2:00 Bingo 3:30 Manicures	9 9:30 Exercise 10:30 Arts & Crafts 1:00 Piano with Elodie 1:30 Verna's Exercise 3:00 Word Games 4:00 Catholic Mass
14 3:00 Chapel	15 9:30 Exercise 10:00 Cards 10:30 Kroger 2:00 Bingo 3:30 Manicures	16 9:30 Exercise 10:30 Arts & Crafts 1:30 Verna's Exercise 3:00 Music: Paul & April Birthday Party
21 2:00 Movie & Popcorn	22 9:30 Exercise 10:00 Cards 10:30 Kroger 2:00 Bingo 3:30 Manicures	23 9:30 Exercise 10:30 Arts & Crafts 1:30 Verna's Exercise 3:00 Resident Council Meeting
28 3:00 Chapel	29 9:30 Exercise 10:00 Cards 10:30 Kroger 2:00 Bingo 3:30 Music: Marsha	30 9:30 Exercise 10:30 Arts & Crafts 1:00 Piano with Elodie 1:30 Verna's Exercise 3:30 Manicures

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>3 9:30 Exercise 10:30 Cards & Games 2:00 Bingo 3:30 Sweet Treats 4:15 Crossword Puzzles</p>	<p>4 9:30 Exercise 10:30 AA Library Trip 1:30 Communion 2:00 Meijer 3:30 Piano with Ed 4:15 Manicures</p>	<p>5 9:30 Exercise 10:30 Cards & Games 2:00 Bingo 3:30 Word Games</p>	<p>6 9:30 Exercise 10:30 Arts & Crafts 2:00 News & Views 4:00 Hang-man</p>
<p>10 Wellness Day 9:30 Exercise 10:30 Cards & Games 1:00 Outing to Emagine Theater</p>	<p>11 9:30 Exercise 10:15 Dojo in the Morning 2:00 Meijer 4:15 Manicures</p>	<p>12 9:30 Exercise 10:30 Cards & Games 2:00 Shopping at Salvation Army Thrift Store</p>	<p>13 9:30 Exercise 10:30 Arts & Crafts 2:00 News & Views 4:00 Hang-man</p>
<p>17 9:30 Exercise 10:30 Cards & Games 2:00 Bingo 3:30 Sweet Treats 4:15 Crossword Puzzles</p>	<p>18 9:30 Exercise 10:30 AA Library Trip 1:30 Communion 2:00 Meijer 4:15 Manicures</p>	<p>19 9:30 Exercise 10:30 Cards & Games 12:00 Lunch at Olive Garden 3:30 Piano with Ed 3:30 Word Games</p>	<p>20 9:30 Exercise 10:30 Arts & Crafts 2:00 News & Views 4:00 Hang-man</p>
<p>24 9:30 Exercise 10:30 Cards & Games 2:00 Bingo 3:30 Music: San, Laz & Emily</p>	<p>25 9:30 Exercise 10:15 Dojo in the Morning 1:30 Communion 2:00 Meijer 4:15 Manicures</p>	<p>26 9:30 Exercise 10:30 Cards & Games 2:00 Bingo for Bucks 3:30 Word Games</p>	<p>27 9:30 Exercise 10:30 Arts & Crafts 2:00 News & Views 4:00 Hang-man</p>

Pictures from this year's Easter Egg Hunt & Animal Show!



NEWS FROM ACTIVITIES

Hello everyone and welcome April!

Hopefully we don't have to have too many April showers to bring on those May flowers!

This month, we head to the Emagine Theater for a special movie showing, just for seniors. Join us on the bus on Wednesday, April 10th after lunch for a showing of the hilarious film *Some Like it Hot* starring Marilyn Monroe, Tony Curtis and Jack Lemmon. Tickets are \$5 and include your movie ticket, popcorn and a drink!

Other outings this month include shopping at Salvation Army Thrift Store and lunch at Olive Garden!

*Everyone is Welcome,
Erin Klein & Eryn Springstead*

Reminder from your
**Hillside Resident's
Council:**

Our great staff cares for us all year round, month after month. Please consider recognizing them by donating to the year-end bonus fund with a check to "Hillside Resident's Council" or at hillside terrace.net under the "Contact" tab