

SEPTEMBER 2024



*Hillside Terrace*  
SENIOR LIVING

**Hello everyone and welcome fall!**

One of the best months to me because you can still soak up the end of the dog days of summer and get out on the lake, but it leads into those brisk cozy autumn nights by a fire. Just a quick reminder that the flu shot clinic has been rescheduled for Tuesday, October 1<sup>st</sup> beginning at 8:30am in the recreation room.

We would like to take a moment to remember our dear Nursing Director Marlene Bulo. She was a dedicated nurse for 27 years for us and gained her angel wings last month. She will live on eternally in our Hillside hearts and hallways

We are ecstatic to see everyone's hard work come to fruition on Wednesday, September 4<sup>th</sup> with the grand opening of our Hillside Terrace Memory Care Community! Providing loving care to residents with dementia and Alzheimer's that our area so desperately needs has long been a dream of ours.

***Welcome to all new additions to the Hillside family!***

*Nanya and Vic Litz*  
Chief Operating Owners



**Happy Birthday Residents!**

*Richard Bassett 9/3*  
*Phyllis Reynolds 9/20*

**Happy Birthday Team Members!**

*Nancy Adams 9/14*  
*Ronna Ferris 9/20*  
*Amanda Harvey 9/20*  
*Lisa Givens 9/25*  
*Nanya Litz 9/30*  
*Ernest Robinson 9/30*



**S  
E  
P  
T  
E  
M  
B  
E  
R**

SUNDAY	MONDAY	TUESDAY
<b>1</b> 2:00 Movie & Popcorn	<b>2 Labor Day</b> 9:30 Exercise 10:00 Cards 10:30 Kroger 2:00 Bingo <b>3:30 Red, White &amp; Blue Sundaes</b>	<b>3</b> 9:30 Exercise 10:30 Manicures <b>1:00 Piano with Elodie &amp; Aeris</b> 1:30 Verna's Exercise 3:00 Arts & Crafts
<b>8</b> 3:00 Chapel	<b>9</b> 9:30 Exercise 10:00 Cards 10:30 Kroger 2:00 Bingo 3:30 Manicures	<b>10</b> 9:30 Exercise 10:30 Arts & Crafts <b>1:00 Piano with Elodie &amp; Aeris</b> 1:30 Verna's Exercise 3:00 Movie & Popcorn 4:00 Catholic Mass
<b>15</b> 2:00 Movie & Popcorn	<b>16</b> 9:30 Exercise 10:00 Cards 10:30 Kroger 2:00 Bingo 3:30 Manicures	<b>17</b> 9:30 Exercise 10:30 Arts & Crafts <b>1:00 Piano with Elodie &amp; Aeris</b> 1:30 Verna's Exercise <b>3:00 Resident Council Meeting</b>
<b>22 First Day of Fall!</b> 3:00 Chapel	<b>23</b> 9:30 Exercise 10:00 Cards 10:30 Kroger 2:00 Bingo 3:30 Manicures	<b>24</b> 9:30 Exercise 10:30 Arts & Crafts <b>1:00 Piano with Elodie &amp; Aeris</b> 1:30 Verna's Exercise 3:00 Movie & Popcorn
<b>29</b> 3:00 Chapel	<b>30</b> 9:30 Exercise 10:00 Cards 10:30 Kroger 2:00 Bingo 3:30 Manicures	

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>4</b> 9:30 Exercise 10:30 Cards 2:00 Bingo 3:30 Sweet Treats 4:15 Garden Walk	<b>5</b> 9:30 Exercise <b>10:30 Yoga Class with Sarah</b> 1:30 Communion 2:00 Meijer 4:15 Crossword Puzzles	<b>6</b> 9:30 Exercise 10:00 Cards & Games 10:30 Arts & Crafts 2:00 Bingo 3:30 Word Games <b>3:30 Piano with Ed</b>	<b>7</b> 9:30 Exercise 10:30 News & Views <b>12:00 Michigan v. Texas Tailgate</b> 4:00 Hangman
<b>11 Wellness Day</b> 9:30 Exercise 2:00 Bingo <b>3:30 Music: Father Daughter Duet with San &amp; Emily</b>	<b>12</b> 9:30 Exercise 10:00 Cards <b>10:15 Dojo in the Morning</b> 2:00 Meijer 4:15 Crossword Puzzles	<b>13</b> 9:30 Exercise 10:00 Cards & Games 10:30 Arts & Crafts <b>2:00 Shopping outing to Salvation Army Thrift Store</b>	<b>14</b> 9:30 Exercise 10:30 News & Views <b>12:00 Michigan v. AR State Tailgate</b> 4:00 Hangman
<b>18</b> 9:30 Exercise 10:30 Manicures 2:00 Bingo <b>3:30 Music: Billy's Sinatra Show</b>	<b>19</b> 9:30 Exercise 10:00 Cards <b>10:30 Outing to Ann Arbor Library</b> 1:30 Communion 2:00 Meijer 4:15 Crossword Puzzles	<b>20</b> 9:30 Exercise 10:00 Cards & Games 10:30 Arts & Crafts 2:00 Bingo 3:30 Word Games <b>3:30 Piano with Ed</b>	<b>21</b> 9:30 Exercise 10:30 News & Views 2:00 Hangman <b>3:30 Michigan v. USC Tailgate</b>
<b>25</b> 9:30 Exercise 10:30 Manicures <b>12:00 Lunch out at Red Lobster</b> 3:30 Sweet Treats 4:15 Garden Walk <b>6:30 Music: Harmony Choir</b>	<b>26</b> 9:30 Exercise 10:00 Cards <b>10:15 Dojo in the Morning</b> 1:30 Communion 2:00 Meijer 4:15 Crossword Puzzles	<b>27</b> 9:30 Exercise 10:00 Cards & Games 10:30 Arts & Crafts 2:00 Bingo 3:30 Word Games	<b>28</b> 9:30 Exercise 10:30 News & Views 2:00 Arts & Crafts 3:30 Hangman  <b>Michigan v. Minnesota TBD</b>

## Michigan Football Tailgates!

Michigan Wolverines v. Texas Longhorns – September 7<sup>th</sup> at 12:00pm

Michigan Wolverines v. Arkansas State Red Wolves – September 14<sup>th</sup> at 12:00pm

Michigan Wolverines v. USC Trojans – September 21<sup>st</sup> at 3:30pm

Michigan Wolverines v. Minnesota Golden Gophers – September 28<sup>th</sup> time to be determined



## NEWS FROM ACTIVITIES

### Welcome September and welcome Autumn!

This month, we will head to Salvation Army Thrift Store for some shopping, and later in the month by popular request we will head to Red Lobster for a delicious seafood lunch.

We are so excited to begin another extracurricular exercise class, chair yoga with Sarah! We will start once a month and if you all like it will be adding more classes. This will be a seated yoga class welcome to everyone!

Lastly, GO BLUE! We will be cheering on the Michigan Wolverines with a tailgate party and snacks on the Saturdays when the game time allows.

*Everyone is Welcome,  
Erin Klein & Eryn Springstead*

### Message from your **Hillside Resident's Council:**

Our great staff cares for us all year round, month after month. Please consider recognizing them by donating to the year-end bonus fund with a check to "Hillside Resident's Council" or at [hillside terrace.net](http://hillside terrace.net) under the "Contact" tab